

## **Advances in Medicine for Older Adults**

This eight-session, weekly course is back for a third engagement this fall.

Each session will focus on prevention, treatment options and recent advances in technology related to conditions affecting older adults. The speakers, who are specialists in their fields, practice at facilities throughout the area including Princeton Medical Center, Capital Health Medical Center and Robert Wood Johnson Medical Center.

The course will be led by David Atkin, MD, FAAP, retired physician, former Chief of Staff and Trustee at PMC and John Cotton, MD, FAAP, retired physician also a former Chief of Staff at PMC.

Recommended reading for each session will be available the week prior to the scheduled session at no cost.

**September 25:** “Early Treatment of Stroke: Every Minute Counts” - Dr. Michael Stiefel

**October 2:** “Understanding and Treating Menopause” - Dr. Maria Sophocles

**October 9:** "Dementia: What It Is, What To Do" - Dr. Philippe Khouri

**October 16:** "Preventing Heart Attacks" - Dr. Kristopher Young

**October 23:** “Interventional Gastroenterology” - Dr. Jason Rogart

**October 30:** "Current Treatments for Type II Diabetes" - Dr. Mini Mathew

**November 6:** “Osteoporosis and Arthritis in Older Adults" - Dr. Ranju Singh

**November 13:** “Treatment of Chronic Pain Syndromes" - Dr. Didier Demesmin

**Leaders:** Dr. David Atkin and Dr. John Cotton

**Mondays:** 9:30 to 11:30 a.m., September 25 through November 13

**Location:** Monument Hall